

MOTION DESIGN PROGRAM

BEGINNER LVL

WELCOME TO BEGINNER LVL

- DAY 1 - Motion Graphics History & Real-World Examples**
- DAY 2 - Color Theory & Composition Essentials**
- DAY 3 - FPS, Video Formats & Resolutions**
- DAY 4 - After Effects Basics & Core Concepts**
- DAY 5 - Layers & Transform Properties**
- DAY 6 - Masks & Mask Tracking**
- DAY 7 - Graph Editor & Motion Practice**
- DAY 8 - Shapes, Pre-composing & Keyframe Types**
- DAY 9 - Shapes 2 — Advanced Shape Animation**
- DAY 10 - Disney Animation Principles in Motion Design**
- DAY 11 - Text Animation & Layer Hierarchy**
- DAY 12 - Null Object, Track Matte & Loop Expressions**
- DAY 13 - Illustrator Basics & Workflow with After Effects (Ai → Ae)**
- DAY 14 - Morphing & Motion Tools**
- DAY 15 - Modifiers, Trim Path & Text Effects**
- DAY 16 - Logo Animation Practice**
- DAY 17 - 3D Layers & Camera Basics**
- DAY 18 - Camera 2 & Special Effects**
- DAY 19 - Parallax Effect**
- DAY 20 - Adjustment Layers & New Visual Effects**
- DAY 21 - Red Giant Plugins — Part 1**
- DAY 22 - Red Giant — Part 2: Saber & Deep Glow Practice**
- DAY 23 - Red Giant — Part 3: Advanced Practice**
- DAY 24 - New Effects Overview**
- DAY 25 - 3D Tracking & Video Stabilization**
- DAY 26 - Typography, Animation, Workflow & Creative Effects**
- DAY 27 - Exam**

INTERMEDIATE LVL

WELCOME TO INTERMEDIATE LVL

- DAY 1 - Element 3D — Basics**
- DAY 2 - Element 3D — Intermediate Techniques**
- DAY 3 - Element 3D — Advanced Practice**
- DAY 4 - Paint, Roto, Keylight & Puppet Tools**
- DAY 5 - Time Stretch, Time Remapping, Blending Modes & Layer Styles**
- DAY 6 - AI Tools for Motion Design — Part 1**
- DAY 7 - UI Animation Fundamentals**
- DAY 8 - Walk Cycle Animation & Rubber Hose Plugin**
- DAY 9 - Duik, Character Animation & Rigging**
- DAY 10 - Duik — Advanced Character Animation**
- DAY 11 - Advanced 3D Techniques — Part 1**
- DAY 12 - Advanced 3D Techniques — Part 2**
- DAY 13 - Animation Practice**
- DAY 14 - New Effects & Creative Plugins**
- DAY 15 - Expressions, Sound Design & Animation Sync**
- DAY 16 - Export Settings: MP4, MOV, Lottie & Media Encoder**
- DAY 17 - Explainer Video Practice**
- DAY 18 - Adobe Premiere Pro Essentials**
- DAY 19 - Motion Design Trends 2025–2026**
- DAY 20 - Animation Composer & Presets Library**
- DAY 21 - Portfolio Ideas & Concept Planning**
- DAY 22 - Portfolio Practice — Part 1**
- DAY 23 - Portfolio Practice — Part 2**
- DAY 24 - Publishing & Presentation on Behance**
- DAY 25 - Exam**